

Annual Report - Programs

ALTERNATIVES TO PRE-TRIAL INCARCERATION

SFSD contracts with SFPDP to operate three programs that provide alternatives to pretrial incarceration, which are described below. The intended outcome of all three programs is to maximize appearances in court and to minimize risk to public safety, pending trial. The three programs are:

Own Recognizance (OR)

The purpose of the Own Recognizance Program is to interview eligible in-custody defendants and present their cases to a judicial officer for possible pre-arraignment release on their own recognizance. A judicial officer reviews the OR packet which consists of the interview, criminal history which is also summarized and the Police Incident report, and determines if the defendant should be released. If the judge grants release, OR staff informs the defendant of the conditions of their release. If the judge denies OR, or if the defendant is ineligible for pre-arraignment OR release, the OR staff provide workups to the arraignment courts for possible release on “court-OR” or referral to SPR or CAHS services (see descriptions below).

Average caseload	271
Releases prior to arraignment	262
Releases following arraignment	377
Total bed days saved	98,969
Appearance rate	92%
Safety Rate*	95%

Supervised Pre-Trial Release (SPR)

Supervised Pretrial Release is an alternative for those who do not qualify for OR and cannot post bail. SPR is a conditional release program in which eligible defendants are released on their promise to abide by court ordered conditions such as group attendance and mandated meetings with a case manager. Client compliance is closely supervised by staff.

Average caseload	134
Total released	194
Total bed days saved	49,003
SPR Appearance Rate	92%
SPR Safety Rate*	93%

¹ Recidivism is defined as arraigned on new offense or held on Probation or Parole in San Francisco while under pretrial supervision.

Court Accountable Homeless Services (CAHS)

Court Accountable Homeless Services provides the most intensive supervision on the continuum of pretrial incarceration alternatives. CAHS seeks to address chronic homelessness and concurring court appearances through intensive case management. Many homeless offenders exhibit a host of mental and medical issues that impede their ability to successfully navigate the judicial system. To support them in overcoming a number of unique challenges beyond homelessness, CAHS provides the court with an effective and comprehensive pretrial release program for defendants with poor appearance records and obvious psycho-social needs. CAHS outreach staff accompany clients to court dates and critical treatment provider appointments. The outreach workers also actively search for clients who have missed treatment or case management appointments.

Average caseload	32
Total Released	134
Total bed days saved	11,632
Appearance Rate	89%
Safety Rate	84%

IN-CUSTODY PROGRAMMING (for those not released pre-trial)

MISSION STATEMENT

The mission of the in custody and post release programs of the San Francisco Sheriff's Department is to provide programs and services to the incarcerated, previously incarcerated and survivors using principles of restorative justice that assists in the positive, productive reintegration into our communities.

All newly arrested inmates are required to attend a program orientation which is held three times per week in the male and female intake units and inmates are given the opportunity to request programming. Those names are forwarded to the Classification Deputies who are charged with making the housing decision based on classification level, education status, veteran status and expected length of stay in custody. For the male jail population, demand for placement in a program pod exceeds capacity so Roads, RSVP and Keys to Change maintain waitlists. SFSD Classification Deputies also strive to accommodate requests from the Court (and other appropriate entities), for example, ensuring that participants of Veterans Justice Court are moved to the COVER Program.

SISTER

Sisters in Sober Treatment Empowered in Recovery (SISTER), a gender-specific and culturally-sensitive substance abuse treatment and behavior management program after the model of a modified therapeutic community that helps women develop the tools needed to lead healthy, drug-free lives. One of this year's highlights:

- In celebration of Mother's Day, and reminiscent of Johnny Cash's 1968 live album performance at Folsom State Prison, accomplished Bay Area singer and performer Naima Shalhoub today performed her debut album *Borderlands* live in concert for the incarcerated women at County Jail #2. Songs on the album are mainly originals with the themes of freedom, healing and resiliency, with a few re-arranged covers including a civil rights folk song, an Arabic folk song and a Billie Holiday cover. Fifty percent of the profits from *Borderlands* will be given to social programming and re-entry programs to support incarcerated women.

"M" entered the SISTER Program for the first time in 2013. She is a twenty-five year old, African-American female with a history of BiPolar disorder, PTSD and Anxiety. Her drugs of choice are alcohol, crack cocaine, methamphetamine and heroin and she had a history of using and committing crimes with her mother. "M" has five (5) children, but had lost her parental rights. In February of 2014, while a client at SISTER, "M" applied to and was accepted at Delancey St, but by September, she had been re-arrested and was back at the SISTER program. Staff worked with her on understanding her addictive lifestyle choices and need to prioritize her health over her relationship with her mother. After several months of working the program and providing the court with progress reports M was sentenced to a year in custody servable in residential treatment. SISTERs staff assisted with applications and scheduled assessments and on March 3, 2015, she entered the Catherine Center to begin a new life. Staff continues to check in with her on a weekly basis.

ROADS

Roads to Recovery (ROADS) is an in-custody substance abuse program for men in the S.F. County Jail. Case management services within the jail are the foundation of the program, along with referrals and linkages to community-based services. This year's highlights include the following:

- Instituted pre-treatment packet work for inmates on the waitlist.
- Began providing an introductory course on how to obtain a commercial driver's license and employment as a truck driver
- Convened intensive weekend long workshop on Alternatives to Violence and Violence Prevention which had a total of 27 participants

"J" spent approximately 16 months in Roads and was able to gain the skills to become a Co-Facilitator of several groups. Staff assisted him with a re-entry plan that included residential treatment at his request. This included making arrangements for the residential treatment program to pick him up after his sentence was completed. Roads staff recently attended his graduation from the Father Alfred Center's year long program which has also assisted J with obtaining full time employment.

RSVP

The Resolve to Stop the Violence Project (RSVP) is a survivor-centered program for violent offenders based on a restorative justice model. RSVP is driven by victim restoration, offender accountability, and community involvement. In 2014, SFSD set a goal with the Family Violence Council to increase the percentage of RSVP participants who are charged with family violence offenses from 24% in FY 13/14 to 50%. This goal was achieved through an active and ongoing collaboration between SFSD ITSS, Program

staff and Classification staff that reviews all persons in custody with matters before the Domestic Violence Court and prioritizes them for placement in RSVP.

This year's highlights included:

- Collaborated with the Yerba Buena Center for the Arts and USF to conduct a 10 week workshop focusing on an exchange of poetry, movement and media. The workshop culminated in a music video, created through an artistic conversation between participants in the RSVP program and youth in YBCA's Young Artist at Work program. Both groups learned the technical process behind creation of video footage, while never coming into contact with one another. The final video compiled the work of the two groups, bridging the inside and the outside into one larger project.
- A restorative justice poetry and art class where inmates explored all aspects of healing through restorative art based therapies. One of the results of this class was a restorative justice poetry book that was put together with the artwork, poems, and other written pieces done during the class.

"L" spent six months in RSVP after his arrest for domestic violence. He had a history of alcohol abuse and attended treatment groups along with completing his first stage of the one year Manalive, batterer's intervention program. While in custody, staff also linked him to a computer training program. After his release, L transitioned to the Manalive program at the SFSD Community Programs site where he completed stages two and three. He continued his computer training post release at Community Programs and is now gainfully employed as an IT technician.

COVER

The Community of Veterans Engaged in Restoration (COVER) is a San Francisco Sheriff's Department program designed for veterans of all the branches of the United States Military. The COVER program provides veterans regardless of their character of discharge with an opportunity to address their obstacles for positive reintegration into society after serving in the military and its aftermath. COVER provides in-jail/post release case management services utilizing the multi-faceted departments of the San Francisco Sheriff's Department and its supporting agencies.

"G", a 10-year Marine veteran who served 2 tours in Viet Nam, had been in and out of jail since 1980 and had a long history of abandoning drug treatment programs in San Francisco. G fully engaged in all of COVER's programming and was linked to a case manager at the Veteran's Administration. COVER staff worked diligently to refer G to residential treatment away from the City and advocated with the Probation Department to allow him to engage in treatment outside the Bay Area. At release, he successfully transitioned into a long-term treatment program in Eureka where he has remained for the past six months, his longest stay out of custody in several decades.

KEYS TO CHANGE

Keys to Change is a program of the Five Keys Charter High School which focuses on an individual's capacity to change the behaviors that led them to incarceration. Daily process groups, AA and NA meetings, cognitive behavioral classes, meditation and case management are tool used in Keys to Change. The Keys to Change goal is to help clients build the skills necessary to participate in their recovery,

address anger and violence issues, establish successful re-entry plans and find ways to be free of the revolving cycle of incarceration. Keys to Change uses Restorative Justice practices to develop empathy and accountability as keys to making the necessary changes.

“Rob” is 65 year old white male who had spent the majority of his adult life incarcerated for drug sales. Rob spent approximately two years in custody at Keys to Change and was a very active participant in all aspects of the program. Staff worked with him on a detailed re-entry plan and collaborated with his Probation Officer in another Bay Area County to allow Rob to enter a sober living program in San Francisco upon release. Staff also referred him to Intensive Case Management through the NOVA Program where he remains engaged in treatment.

IN-CUSTODY PROGRAMS RECIDIVISM RESULTS

For the past two years the SFSD has collected recidivism data to measure the impact of our substance abuse treatment, violence prevention and veterans services. For these performance metrics, we reviewed criminal histories of inmates who spent thirty or more days in one of these program pods. Recidivism is defined as arraigned on new offense or held on Probation or Parole in San Francisco¹ within 12 months following release from jail. From July 1, 2013 to June 30, 2014, 337 inmates were released after having spent thirty or more days as a participant in SISTERS, Roads to Recovery, RSVP, COVER and Keys to Change. Of these 146 or 43% were found to have recidivated.

REENTRY POD- COLLABORATION WITH ADULT PROBATION DEPARTMENT

The Reentry Pod program was established in 2013 as a result of “Re-Alignment” throughout the CA prison system. This program prepares men for release when they are close to completing their sentence. This year’s highlights in the program include the following:

- Black History Month was celebrated in February with the kick off screening of “Selma,” the documentary on the famous Civil rights march in Selma Alabama in 1965. Guest speakers included Arnold Townsend (Minister/civil rights advocate) William Hammons (Community Activist), Erris Edgerty (Community Organizer), Rev. Amos Brown (Minister/ Frm. Supervisor/ President NAACP) Brother Clinton Sockwell (Community Activist/ Youth Mentorship program) Traditional African American cuisine was served in all Pods.
- The Reentry Pod organized a Mentorship Program in partnership with Mentoring Men’s Movement and brought eight churches together to engage those men who are striving to improve their lives. Presently 20 active Mentors have been recruited.

SYSTEM-WIDE PROGRAMMING

EDUCATION

FIVE KEYS CHARTER SCHOOL

Originally established by the SF Sheriff’s Department (2003) as the first charter school in the nation to operate inside of a county jail, today Five Keys Charter School (FKCS) is a charter management (non-

profit) corporation that operates three public charter schools within the Sheriff's Department. Through the use of Social and Restorative Justice Principles, Five Keys provides traditionally underserved communities the opportunity to restart their education with a focus on the Five Keys: Education, Employment, Recovery, Family and Community. A total of 145 students participated in the 2015 San Francisco graduation ceremonies, which included both in-custody students and community students. Of those graduating, 101 received diplomas, 36 received Certificates of Completion and 6 received High School equivalency. FKCS Average Daily Attendance (ADA) over the past year is as follows:

In-Custody	
County Jail 2	29
County Jail 4	19
County Jail 5	215
Total In-Custody ADA	264
Total # of Unduplicated Clients	1879
Community Programs	
Women's Resource Center	19
70 Oak Grove	25
Total Community Programs ADA	43

Other achievements this year include becoming a winner of the Hart Vision Award at the annual California Charter Schools Conference, and being featured by the US Department of Education as one of seven early implementers of technology in a correctional classroom setting in the 2015 Educational Technology in Corrections brief just released.

This year, the City College of San Francisco (CCSF) Board of Trustee's approved entering into an MOU with SFSD and the FKCS to "establish curriculums that have will have an educational impact on inmates in the San Francisco County Jail System and establish career pathways in custodial, drug & alcohol counseling, youth worker, and community and post prison health care workers." Other collaborative efforts to develop vocational opportunities over the past year include:

- SFSD collaborated with FKCS and two instructors from San Francisco State University on a six-week pilot class to teach basic sewing skills to incarcerated women. The sewing classes were part of a geometry course in which student inmates applied mathematical concepts related to shape and area while sewing re-usable tote bags using donated discarded table cloths from local hotels. Each student completed a tote bag to take with them when they left the jail.
- SFSD collaborated with FKCS, Our Foods and Hunters Point Family to develop an aquaponics training program at San Francisco County Jail #5. The goal of this partnership is to increase the employability of incarcerated individuals by providing academic and hands-on training while under supervision and post-release employment opportunities in a field that Fast Company calls one of the top 10 jobs of the future.
- Four inmates celebrated their graduation from an intensive six week solar design and installation training program funded by the Department. The trainees were selected after

interviews were conducted with a pool of applicants nominated by FKCS. Those selected were identified as either former or current students with the necessary math skill to excel in the rigorous training. The trainees were exposed to photovoltaic concepts, system configurations, National Electric Code items related to Photovoltaic Systems, and OSHA safety regulations specific to solar installation. The training culminated with a final project of assembling a solar panel. Subsequently, that panel was installed at the front gate of the San Bruno jail by Red Dipper LLC, the company that provided the training. Two of the graduates were present and working as Red Dipper employees.

In May, the Five Keys Charter School, a nationally groundbreaking program of the San Francisco Sheriff's Department (SFSD), was named a finalist for the Harvard Kennedy School's prestigious Innovations in American Government Award. Selected for vanguarding innovative approaches that address some of government's most urgent challenges, SFSD's Five Keys Charter School and four other finalists competed for the award's coveted \$100,000 grant.

FAMILY STRENGTHENING

ONE FAMILY and CHILDREN OF INCARCERATED PARENTS

The primary goal of One Family is to provide meaningful, frequent and consistent opportunities for children to remain connected to their incarcerated parents, by offering parent/child contact visits to eligible parents. Parenting Inside Out, a certified parent education program is provided in conjunction with the contact visits. The One Family Program is offered at all jail facilities and includes Parenting Inside Out (PIO) and Parent/Child Contact Visits. Over the past year, 216 unduplicated clients participated in parent education and 113 incarcerated parents were able to enjoy contact visits with their children. One Family staff also assisted 169 children with coping with the crisis of having an incarcerated parent. Other Program highlights include:

- Program staff gathered over 400 holiday gifts for children of incarcerated parents. During parenting classes, inmates made cards for their children and made cards for the care takers of their children to thank them for all they do in their absence. Wrapped gifts were distributed to the children's caretakers with the cards from their parents attached. In addition, gifts were distributed to children during visits with their parents. The holiday visits included special snacks, music and craft making.
- For Father's Day, dads decorated t-shirts with their children and the children created cards for their fathers. Directly outside the jail, in the parking lot, One Family put together a fabulous barbeque, along with entertainment, for the children and their caregivers. The highlight of the event was an improvisational talent show put on by the children culminating in a ten-child dance performance.

Policy Highlights

SFSD significantly reduced the cost of inmates' phone calls to friends and family over the past year. These reduced rates are expected to increase call volume by 20%, which will strengthen inmates' ties to loved ones. These reduced calling rates are consistent with SFSD's other efforts to improve inmate and family bonding which include increased visitation hours, expanded support for contact visits and

specialized services for pregnant and nursing mothers while they are incarcerated. SFSD also recently established reforms to county inmate visiting procedures that make San Francisco jail the first in CA to allow children as young as 16 years old to make solo visits to incarcerated parents and siblings. These reforms help to maintain family connections during periods of incarceration and also strengthen family reunification upon reentry into the community.

POST-RELEASE PROGRAMS

COMMUNITY PROGRAMS

Programs at 70 Oak Grove Street includes: Five Keys Charter High School , Batterer's Intervention and Treatment On Demand (TOD) which offer classes such as anger management, substance abuse, parenting, and Thinking for a Change.

WOMEN'S RESOURCE CENTER (WRC)

The San Francisco Sheriff's Department's Women's Resource Center opened on June 5, 2006. The purpose of the center is to provide women who have a history of criminal justice involvement with the services necessary to achieve and maintain safe and healthy lifestyles. The Weekly Schedule of Classes includes: Empowering Recovery, One-to-One Therapy, Seeking Safety, Relapse Prevention, Healthy Relationships, LGBTQ Support, Parenting, Nextcourse Breakfast Circle, Mindfulness, and Craft Time.

This year's highlights include:

- Breast Cancer Awareness & Testing for HIV - a collaboration between the WRC and UCSF School of Medicine and HIVIS.
- Books of Wonder - The concept behind this book drive was to ask community members to bring in one book that changed their lives. Over 9 authors came and read their works, sharing inspiring stories of triumph, loss, isolation, and questioning their own existence.

SURVIVOR RESTORATION PROGRAM

SFSD's Survivor Restoration Program (SRP) has continued to provide advocacy and direct services to the survivor community for over 15 years. This year, while making improvements to our service delivery, we have also continued our successful outreach and Public Relations, providing support, not just for our clients, but for our partner agencies that work in the community.

By collaborating with the Courts, the DA, Adult, Probation, SFPD and custody staff, SRP has been able to help incarcerated survivors clients with legal services. These partnerships have aided in stopping ICE deportation of survivors of crime and violence. SRP has also increased the amount of support for clients providing services with issues regarding transgender Domestic Violence (DV) and same sex relationships. We have developed stronger relationships with Child Protective Services (CPS) and Animal Care and Control (AC&C) in working together to reunify parents with their children and pets and working with agencies for a less punitive process for survivors.

Highlights

- Provided services to 153 new clients along with providing continued case management services for 791 ongoing open cases.
- SRP is recognized as a leader in the survivor community as being fierce immigration advocates and has successfully supported clients with intensive case management. SRP staff have worked on some cases for years to obtain the below stats for 2015.
 - U-Visas: 53
 - Citizenship: 7
 - Permanent Residency: 34
 - Permanent Housing 3
 - Prevented 3 incarcerated DV survivors from being deported
 - We reunited 8 clients with their children from their native countries to the U.S.
- 95% of our 2015 Survivor Empowerment Clients (SEP) graduated, with 65% accomplishing both short and long term goals and with 30 out of 37 SEP graduates returned to school or the work force
- Collaborated with Next Course Cooking to provide an 8-week class for SEP graduates; 12 woman completed this program component
- Enrolled six previous survivor clients in DV training at La Casa de las Madres and Woman Inc.
- Provided 756 tickets for survivor families with Community Access Tickets valuing at \$20,394.86. We use this collaboration as a way to maintain contact with our clients and is an excellent case management tool.
- Collaborated with for profit agencies and had 65 of our survivor children adopted out to receive Christmas gifts. We received 195 donated Christmas gifts from our annual Christmas Gift Drive.
- Hosted 75 women along with 45 of their children at our annual Domestic Violence Mother's Day Event Brunch.
- Provided 75 children with back to school supplies including 40 backpacks
- Provided countless food gift cards, food, clothes, diapers etc
- Increased support from community organizations collaborating as our guest speakers/facilitators on issues such as; housing, immigration, reproductive health, and language access.
- Survivor Impact program added 5 new speakers from the community and 9 previous SRP clients as speakers for the RSVP program at County Jail #5. Supporting victims in becoming survivors and then advocates is a key component of SRP. Having clients become speakers and presenters is a key piece of their empowerment.
- Enrolled 17 of our children who witnessed violence in Project Commotion

Accomplishments

- SRP staff was expanded in order to provide services for incarcerated women who are survivors by hiring a full time DV case manager who is posted at our Women's Resource Center (WRC)and County Jail # 2 (CJ2). Seeking safety groups are now implemented at both locations to help support survivors through trauma.
- Developed strong collaboration with Animal Care and Control in support services for DV survivors in relationship with animal abuse cases. AC&C will now contact us first for consultation in DV cases before removing a pet or other issues relating to DV and will also refer a client to us for support. We have safely placed several pets with either AC&C or foster homes

while a survivor has found safe housing and then able to reunite. Several DV survivors would live in fear of their own life than to leave a pet behind with an abuser.

- Increased services for mothers with troubled youths addressing such issues as substance abuse, and gang intervention. SRP also held an evening for teens and their parents who are not documented and who are in the process of getting U-Visa's. The purpose was to explain to the teens how important it is for them not to get into any trouble as they are not like other teens in that they can get deported or jeopardize their mothers' immigration status.
- Worked with SFSD staff actively monitoring inmates with matters before the Domestic Violence Court to increase outreach and provide earlier interventions to the survivors of NOVA and RSVP clients.
- Built stronger relations with CPS so that they will now recognize a DV client who has/is attending our SEP program as part of their requirements to get her children back. We have successfully been able to reunite 7 out the 11 mothers so far with their children.

After seven years of dealing with multiple agencies and giving up hope, the SRP team worked for two years to resolve "J's" case in early 2015. She was granted restitution of over \$250,000 to be paid to her by the batterer who stole her home. SRP staff secured her employment and new housing. She is now a Survivor Impact speaker for incarcerated men who participate in SFSD's Resolve to Stop the Violence Program.